

# **Love** is the Law

21 Laws of Love to live a beautiful, meaningful and fulfilled life.

**Marieta Oslanec, Esq**

## Dedication

*I dedicate this book to my parents, Margita and Gabriel.  
Thank you for your support and unconditional love.*

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## FORWARD

When I first heard Marieta share the title of her book, with me I thought. “that’s brilliant!” How perfect that a lawyer writes a book about how *Love* is the ultimate law. Marietka and her journey to discovering *21 Laws of Love*, leading to the ultimate law of love, is a beautiful story of self-discovery.

Through reading this book, you will gain a greater understanding of the tremendous power you have in your own life to create greater joy, peace, health, wealth and above all love. With this understanding you hold the key to self-transformation. If individually we all take this key and open the door to self-love, together, we will shift global consciousness.

The purpose of a forward can be many things and I hope that with this forward you feel inspired and invited to open the door and take a closer look. Then go beyond looking and dive into reading and then go beyond reading words and concepts to open your mind and heart and enter the space between words, beyond knowledge to spirit where *Love is the Law*.

Sylva Dvorak, PhD  
NY Times Bestselling Author  
Your Hidden Riches - Unleashing the Power of Ritual to  
Create a Life of Meaning and Purpose



## Chapter 1

### THE LAW OF IMAGINATION

#### To Live a Fulfilled Life, Let Imagination Show You the Way

*“Imagination is more important than knowledge. For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand.” Albert Einstein*

### I AM A LAWYER

When I was sixteen, a teacher said it was time to think about what I wanted to study after high school. But even then, I knew I wanted to become a powerful lawyer so I could save people and change the world. More importantly, I wanted to help my father whose business failed. Watching him work through lengthy lawsuits motivated my ambition to become a lawyer so I could protect him from the Slovak legal system.

As a successful entrepreneur, my father became my role model because he gave me the courage to dream big. He inspired me, and even during difficult times, my father invested in my future and sent me to the United States for an exchange program. Besides being far from home, I found the transition difficult because I didn't speak English, and I found it challenging to relate to my hosts.

During the exchange program, I gained sixty-one pounds, and when I returned to Slovakia, I felt ashamed of my appearance and didn't tell anyone about my arrival. Living in a small town of five thousand people in central Slovakia, being different wasn't appreciated. I was shamed and ridiculed by my classmates and community, and felt isolated, like I no longer belonged.

Desperate for change, I dieted and exercised three to five hours per day, and lost twenty pounds in eight weeks. That's when I took control of my life and focused my energy on what I could change, and so I applied to law school.

After my first year of law school, I spent the summer serving tables and doing housekeeping at a local motel in Hampton Beach, New Hampshire. I loved my freedom and my perspective about the United States changed. In fact, my father had to drag me home in time for school, and after that, I spent my summer breaks working and travelling throughout the United States.

My turning point occurred after graduating in 2007 when I returned to the United States with no definite plan, no income, and no job as a lawyer. It became painfully obvious that my original

plan wasn't working. Even though I had my degree, I waited on tables in Chicago instead of practicing law.

Being a lawyer was one thing, but fighting an obsolete and corrupt legal system in Slovakia was another; therefore, I decided to become a lawyer in the United States and I applied to the local college and several law schools.

To my surprise, I was accepted by the prestigious Northwestern University's School of Law. I felt like I was living my dream, but during my master studies, I questioned whether practicing law was my true path. For whatever reason, I couldn't see myself employed at a large corporate law firm, but something told me to keep moving forward.

Immediately after graduating, I moved to New York City where I rented a small room without air conditioning, in Maspeth, Queens. Three months later, and after surviving the unbearable heat, I was devastated when I hadn't passed the New York Bar Exam, and found myself without work and money, while living in a tiny room with an unpacked suitcase next to my bed.

I felt lost and without a future because being a lawyer was my only hope of finding a legal job in New York. I didn't have the luxury of giving up, and though the future seemed bleak, I believed I could achieve my dreams and pass the Bar Exam.

Shortly after moving to New York, I fell in love and desperately tried to build a relationship with a man who was emotionally unavailable. Between studying and concentrating on my relationship, I felt depleted. Unfortunately, I didn't know the importance of self-love, and this man perfectly reflected the poor relationship I had with myself.

I opened my heart to this man and risked everything, and instead of focusing on me, I struggled with boundaries and I focused on him. After my exam, I felt my world collapse when he ended our relationship and I learned I hadn't passed the Bar Exam for the second time. Lost in confusion and pain, I wandered the streets of New York City looking for answers.

After taking the time to gain perspective, I realized the harder I tried to be in a relationship, the less likely I was to thrive. To my amazement, the pattern continued. I learned that obsessing about the Bar Exam risked my success and caused performance anxiety. The more I networked, the more problems I had finding a job. And though I was trying to succeed, every area of my life was upside down.

Looking back, this period of my life could be described as a crossroad. I could give up, pack and go back home, or I could *have faith* and continue. Having faith in myself and a higher power was my only solution, and with a focused mind, I promised I would pass the exam and become an attorney. This time, however, I committed to making my needs priority.

After analyzing my past mistakes, I realized that the only way I could pass the Bar was to take a different approach. Determined to learn from my experience, I listened to my inner voice, and instead of fighting and going against the universal energy, I decided to *go with the flow*.

My previous attempts to pass the exam proved that stress management was the most challenging for me; therefore, during meditation, I visualized myself as though I had already passed. Since I took a different approach, I expected different results, and this allowed me to enjoy the process more.

*“Definition of insanity: Doing the same things over and over again expecting different results.” Albert Einstein*

Subconsciously, I knew people could have influenced my performance through their negativity; therefore, I didn’t tell anyone about my plans to avoid their energetic interference.

*To keep the high energy of your grand vision, don’t share sensitive information with people because their energy may influence your outcome.*

After the Bar Exam, I stayed with a friend while looking for a new place to live. Unfortunately, I spent a month on the couch because I twisted my ankle. I suddenly had *a vision* of helping people from various countries. I remembered my friend, who I met when I first moved to New York, had already returned to Slovakia, and had started his own law practice. I felt chills and a huge amount of energy flooding my body when the idea of a business partnership rushed through my mind. I call this my couch potato vision moment!

*When we feel the inspiration, the Spirit is talking to us.*

One night, in a dream, my father told me I had passed the Bar Exam. A few days later, in the middle of the night, a friend called and told me to check my email. Although I saw an email from the Bar Admission Committee, I was too anxious and I asked my friend to read it for me. I passed the New York Bar Exam and my dream was now a reality!

*“When you want something, all the universe conspires in helping you to achieve it.” Paulo Coelho*

At that point, I realized three of my dreams had become reality. First, I had graduated from law school in Slovakia. Second, I was admitted to the Northwestern Law School and graduated successfully. Third, I had passed the Bar Exam and became a licensed attorney in New York.

My next dream was to build an international law firm to serve people from different countries. I was more determined than ever, and I had several clear signs that having faith was what I needed to succeed.

In November 2011, I bought a ticket to Slovakia and met with my friend to discuss the possibility of partnering. He agreed, and together we founded *Navrat & Oslanec LLC* Law Firm. Our first office was in Bratislava, then Prague, and two years later we opened our New York office. Since I didn’t have a work visa, we launched our business *online*, to serve clients and practice law from anywhere.



Eventually, I decided to predominantly work with investors and foreign entrepreneurs who plan to relocate to, and invest in the United States. For this purpose, I have founded *ImmigrationBiz LLC* and offer legal, business, and visa services. Not only does this business model allow me to travel and live my desired lifestyle, but it also helps people from all over the world.

When you envision something, believe in your dream. Believe and act as if it's already done. Be grateful for what has yet to come. By practicing gratitude, you'll shift from invisible into visible reality. Don't let any doubts sneak in. Even if they're present, honor them. Thank them. They're showing your disharmony with your true self.

*Giving up is not an option.*

## Applying THE LAW OF IMAGINATION to Your Life

1. *Sit back in a comfortable position, and close your eyes. Think about your dreams. What is your biggest dream? Write down your dream and let your imagination soar. Don't be afraid to dream big.*
2. *What's holding you back from fulfilling your dream? Are you afraid of what others will say about you?*
3. *Select old magazines, glue, scissors, and create your vision board. Cut the images that resonate with you and make you happy. Those feelings are the clues to your heart's desires.*
4. *Write a step-by-step plan that will take you to your destination. Ask the Universe to assist with this grand plan. It's fine if you don't know the next steps, just wait for a clear sign from the Universe.*
5. *Do what the Universe tells you to do. Don't question yourself. Don't question the Universe! Act!*
6. *Feel as though the dream has manifested into reality. It doesn't matter if it's an illusion.*

## Chapter 2

### THE LAW OF SELF-LOVE

#### If You Don't Love Yourself, Nobody Can Truly Love You

*“I have found that there is only one thing that heals every problem, and that is: to love yourself. When people start to love themselves more each day, it’s amazing how their lives get better. They feel better. They get the jobs they want. They have the money they need. Their relationships either improve, or the negative ones dissolve and new ones begin. Loving yourself is a wonderful adventure; it’s like learning to fly.” Louise Hay*

### THE LOVE STORY

When I passed the Bar Exam, I returned to Bratislava to start the law firm. My friends asked whether my boyfriend would be joining me, and even though I didn't have a boyfriend, in my mind he was already on his way. A few days later, my business partner arrived and after we founded the law firm, we began dating.

*Confusion is necessary before clarity comes.*

While searching for a soulmate, I looked for a man who would cherish, support, and fulfill me. In fact, I was looking for a prince who would take care of me. I was looking for someone to fill the emptiness I felt. My boyfriend met all ten requirements of my Soulmate List, and I went from nothing to having everything, including a business and home.

However, the dream wasn't meant to last. Long work hours, the pressure of building our business, and the constant nagging that something was missing in my life contributed to our breakup.

We were the perfect couple running a successful business. Media such as Forbes, Playboy, Pravda, WomanMan, EMMA, and Radio Express published articles about us. We appeared to have everything, but did we?

In reality, I rarely woke before ten to start my day; I wept regularly; and I felt empty and insignificant. Even though we moved to New York six months later, I was still unhappy. From New York, we moved to the Cayman Islands, and my unhappiness followed me. Later, we moved back to Slovakia, where we developed our business further, and though my partner continued to be supportive, I couldn't feel his love.

I didn't feel loved by anyone. And though I devoted my energy to building the business, I didn't feel fulfilled. I felt anxious, deprived, and alone. I felt as though I was living someone else's life.

In May 2013, I questioned our relationship. As much as we wanted to fix it, I felt an invisible power trying to separate us. We wanted different things, therefore, we couldn't find common ground. All summer, I asked the Universe to give me the answers. I didn't want to let him go,

but I was unhappy and couldn't articulate how I felt or explain what was wrong. I couldn't eat or sleep. I cried often, having reoccurring nightmares of him with someone other than me. My world was falling apart.

I spent that summer at my parent's house. The peacefulness of nature connected me with the answers I sought. As I was guided to look within, I journaled my feelings. After reading *Opening to Channel* by Sanaya Roman, I realized I was *channeling*. When I wrote a question, answers would immediately follow.

An inner voice told me to move to San Diego, California. I didn't know why, but I always envisioned living in a sunny place, where everything was peaceful and calm. At first, I didn't trust this voice and kept resisting. I thought my relationship could be fixed, but everything felt out of control. We had never-ending fights, breakups, sleepless nights, and the cycle continued.

I asked the Universe for a clear sign, and a few days later, I received an email from a friend who suggested I sublet his apartment in San Diego. I had twenty-four hours to decide.

I was scared to leave my relationship to start my new life in California, but then we had another terrible fight, and the next morning I reserved my ticket to San Diego.

*When we trust the Universe, we're able to go with the flow. When we don't trust the Universe, we live in doubt and fear life. Trusting the Universe means trusting our deepest wisdom.*

I remember the day I went to the Vienna International Airport. Part of me was devastated for leaving, but I knew I had to because the Universe was guiding me. Besides, I needed time alone to think everything through and decide whether I could save my relationship. After twenty-four months of resistance, I finally decided to go *with the flow*. Though anxious, I needed to face my shadow and heal my heart.

*Doubt and fear show that you are misaligned with your true self.*

Although my fear isolated me, I used that time to find myself and heal. I needed to experience stillness without interference. I was determined to discover my light within, the light every spiritual guru talks about.

*Be the light you wish to see in the world.*

I started with basic tools like a vision board and daily affirmations. I used pictures to visualize my dream life, and I wrote affirmations on sticky notes and posted them in the bathroom, living room, and bedroom.

My goals were to find true happiness and learn how to love myself. I wanted to see things clearly, feel pure love, and experience harmony and joy. I wished to become sunshine and fill all the voids in me.

I used meditation to calm and empty my mind so I could connect with the invisible fields of peace, love, and light. The more I meditated I realized my power and cultivated a stronger sense of self.

Without understanding the benefits of meditation, it can be torture when we try to compete with its natural flow to achieve something specific. The idea is to sit, breathe, and connect with your inner world, using meditation as a tool for self-care.

Every morning I spent at least twenty to thirty minutes in meditation. I meditated throughout the day, sometimes before bed, and during walks on the beach. I was determined to fall in love with myself.

*What does it mean to love myself?* This question was the foundation for my transformational journey.

*Loving myself means respecting who I am by setting healthier boundaries, saying no to others while saying yes to myself.*

*Loving myself means following my desires no matter what people think.*

*Loving myself means doing what feels right for me when my mind tells me otherwise.*

*Loving myself means dreaming big and having the courage to act and follow those dreams.*

*Loving myself means trusting and honoring life.*

*Loving myself means eating good food and sleeping enough hours.*

*Loving myself means following my passions, and having the courage to forgive others and myself.*

*Loving myself means allowing abundance to come into my life.*

I took control of my life to love myself. From that moment, I made sure I had enough sleep, meditated regularly, faced my emotions, and cried when necessary to release and transform the pain I felt.

When I discovered *the Abraham-Hicks* teachings, *The Essential Law of Attraction Collection*, written by *Ester & Jerry Hicks*, I felt my power to move forward. I listened to Abraham's teachings about the law of attraction six hours a day, learning that our vibrations, and all that exists, are reflections of our inner world.

At first, I didn't understand the process of creating my reality, however, it soon made sense when I accepted that my life was a perfect reflection of my inner world. Of course, since I hadn't known this before, I saw myself as a victim and was mad at the outside world.

*“Happiness for a reason is just another form of misery because the reason can be taken away from us at any time.” Deepak Chopra*

When you let go of what you want, it will manifest on its own with perfect timing. When I tried to attract more clients, my lack of energy, pain, and worry about money caused me to focus on the lack. When I didn't focus *on the lack*, clients flowed into my life with ease. I will talk more about attracting your wealth in the following chapters.

*Allow the Universe to deliver everything.*

The key is to allow it.

*Since everything that happens in our world is a pure reflection of ourselves, only things that we allow inside will manifest.*

After a few months in San Diego, I realized *the love story* we search for is within us. It's up to us to wake from the illusion and realize the only person who will forever love us is within. When we learn this, we set ourselves free.

*The more love you give to yourself, the more the outside world contributes to this love.*

People will love you for who you are only when you love yourself.

New clients will gladly hire you when you show how professional, smart, and dedicated you are. Abundance enters your life when you allow it, and then you'll become really free.

*Freedom means loving yourself and feeling great every moment of your journey.*

## Applying THE LAW OF SELF-LOVE to Your Life

1. *Am I ready for a better life? Am I ready to wake up?*
2. *Am I ready to fall in love with myself?*
3. *What can I do today to love myself more? List things and activities that make your heart sing.*
5. *Do I trust my intuition? And if not, why?*
6. *Am I looking for love in places where I continuously hurt myself and feel rejected? What need am I trying to satisfy and why?*
7. *What motivates my search for a partner and a romantic relationship? Am I ready to give love or do I want to receive love instead?*
8. *Would I date myself?*
9. *If you ANSWER NO to the previous question, try this meditation.*

*“Meet your inner child.”*

*Your inner child was left alone for many years and needs your attention. When you go within, you’ll likely discover that the pain is coming from your hurt inner child.*

*To heal yourself, you need to listen to your child and create a loving relationship. Close your eyes and imagine yourself at five years. Ask your child how she’s doing? What does she want to share with you? Then, listen and talk to your child. Be sure to promise you’ll never hurt her again.*

## About the Author

Marieta Oslanec is an attorney, author, and social entrepreneur. She previously co-founded *Navrat & Oslanec PLLC*, an international law firm with offices in Prague, Bratislava and New York. She is the founder of *ImmigrationBiz LLC* that helps foreign entrepreneurs and startups moving to the USA to live their American Dream.

Her businesses were featured in Forbes, Playboy, Pravda, WomanMan, Plus Jeden Den, Radio Express, EMMA and other media outlets. She is originally from Slovakia and came to the United States when she was twenty-four years old.

Marieta's mission is to empower millions of people by raising their consciousness through teaching of the Law of Love. Visit Marieta's website at [www.marietaoslanec.com](http://www.marietaoslanec.com) for more information. Visit [www.loveisthelaw.com](http://www.loveisthelaw.com) to access *Love is the Law community* and free gifts from Marieta.