

LOVE IS THE LAW

Change The World By Loving Yourself

By Marieta Oslanec

Preface

Stay centered in your heart. When you are in your heart, there is nowhere else to go.

This book was written for those who are seeking to find the truth about their human existence. It's for those who are ready to discover who they really are. It's for those who are seeking to find the key to a successful, healthy, abundant and happy life. Also, it is for those who refuse to settle for less, and want to make a change in their lives and influence the world. It's for those who want to have it all.

The truth is simple. The truth is that we are all divine beings who are having a temporary human experience, and we are here to expand and grow. If we uncover the secret of abundant living, our lives will unfold in a totally new and magical way. The way to uncover the secret of this is to learn *the universal law*. There is only one universal law that is guiding everything, and that is Love. Because we can't give something that we don't have, we must first learn how to love ourselves.

The concept of self-love is present in everything that we do in life. We are either "in love" or "in fear". These two forces guide the Universe and our existence, and it's literally up to us to recognize and take our power back by loving ourselves. It's time to stop looking for love in the wrong places. It's time to realize that *chasing* money, happiness or success won't work unless we love ourselves! It's time to *let* happiness, success, and abundance chase us! It's time to go within and discover the treasure that has always been there for us, waiting to be discovered. It's time to discover and learn how to *love ourselves*.

Acknowledgement

I'd like to thank all of the divine beings whom I have met in my journey up to this day, those who reflected either who I am, what I need to learn, where I need to grow or what I need to change in order to move to the next level. Most importantly, I would like to thank my parents, Margita and Gabriel, for bringing me into this world and raising me in such a way that I can live my dream life today.

I'd also like to thank to the very special beings who were always there for me, supporting me and giving me useful guidance, including, among others, Lubomira Kanderova, Michaela Paucikova, Anna Pliskova, Henrieta Novakova, Em Balligui.

We are part of the infinite intelligence, and we are the intelligence itself. Love is the universal law that is guiding everything that we are experiencing. If we learn this law, we become the light that we wish to see in others. Then, and only then, can we change the world.

How to read this book

This book is your tool and you can read it out of order if you want to. You can start with Chapter 1 or with the last chapter. Sometimes, you may just open any chapter that you feel like reading. Don't force yourself into anything; just follow your intuition. At the end of each chapter there is an exercise. It's useful for you to do the exercise because it helps you to learn how to work with yourself, and only then will you learn the real power that you possess - the power of self-love.

Sometimes you may feel that what's written in this book is total nonsense. It's your Ego that is telling you this. Don't believe it; rather listen to your heart. You will feel very positive vibrations while reading this book because your soul already knows everything. I won't be teaching you anything new. I will only *remind you* of the universal truth. Don't analyze what you read with your mind; open your heart and listen. The adventure is about to begin. We are going to dig deep, and I promise you that if you keep reading and doing the exercises, by the end of this book you will find what you are looking for. You will find a place of love and peace inside you. You will arrive home.

When you are in your heart, there is nowhere else to go.

I honor you for choosing to read my book. You found this book because the book was meant to find you. There is never a coincidence, and everything is connected.

What you seek is seeking you - Rumi.

Love & Light,

Marieta

Copyright © 2014 Marieta Oslanec

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the author or publisher, except in the case of brief quotations embodied in reviews and certain other non-commercial uses permitted by copyright law.

Chapter 1

I AM a Lawyer

I was 16 years old when a high school teacher asked me to start thinking about what I wanted to study after I had finished school. At that time, I already knew that I wanted to become a lawyer. I wanted to become a powerful and independent lawyer, so that I could save people and change the world. In particular, I wanted to save my father, whose successful business had fallen down like a house of cards. Seeing my father as a successful and driven entrepreneur had given me the courage to dream big. He was my role model. On the other hand, seeing my father later going through the lengthy lawsuits that didn't seem to end, slowly and surely imprinted in me the seed of anger towards the Slovak legal system. Adding to my emotional state, my father decided to invest in my future and sent me to the United States for one year.

I first landed in Delaware, but after changing my host family, I ended up in West Virginia. I didn't speak any English, I was away from friends and family, and I didn't particularly fit into the host family. After one year of my American experience, I had gained 61 pounds, and I swore that I would never return to the U.S.

I returned to Slovakia, but my return wasn't quite as I had pictured. First of all, I didn't tell anyone that I was back because I felt ashamed of the weight that I had gained. I started dieting and exercising for 3 to 5 hours per day, and after 8 weeks of intense workout and dieting, I lost 20 pounds. Then, at the beginning of the school year, I had to show up. You can imagine the comments about how much I had changed. Nobody could imagine how ashamed, isolated and lonely I felt. Nobody could relate, because I was different. I lived in a small town in central Slovakia where people didn't appreciate those who stood out in any way. Being different was not a positive thing; quite the opposite. I was certainly different. Their judgment was killing me, and I slowly started to feel that I didn't belong there anymore.

I decided to take control of my life and focus my energy on things that I could change, and so I applied to law school. My first year of law school passed by, and I ended up spending the summer at Hampton Beach in New Hampshire serving tables and doing housekeeping in a local motel. I totally enjoyed my freedom, and suddenly my perspective about the U.S. changed. In fact, my father had to drag me home to continue my legal studies. Over the following five years, I spent each summer in the U.S. travelling and working all over the country.

In 2007, I graduated from law school in Slovakia and decided to take off for the U.S. I didn't know anyone, and I didn't have a definite plan when I landed in Chicago. To cut a long story short, though I had my law degree, I worked at serving tables. Later, I applied to the local college, and eventually I applied to law school. That proved to be the turning point. I somehow knew that my original plan of becoming a lawyer and saving my father wasn't going to work. I knew that being a lawyer was one

thing, but fighting an obsolete and corrupted legal system in Slovakia was another. Therefore, I made the decision to become a lawyer in a different country. I wanted to become a lawyer in the U.S.

When I got accepted, at the Northwestern University School of Law, it felt like a miracle. I couldn't believe it when I opened an email saying I had been accepted. Attending this school was a dream, and I graduated with a Master's degree in Law. During my master's studies, however, I found myself wondering whether practicing law was really what I wanted to do with my life. For some reason, I couldn't see myself working for a big law firm or for corporate America. However, deep down, something was telling me that I was on the right track.

Right after graduation, I decided to move to New York City. There, I rented a small room in Maspeth, Queens. The room had no air-conditioning, so the hot summer in NYC was quite difficult to bear. Three months later, I found out that I had not passed the New York Bar Exam. I was devastated. Those who have studied for the Bar will know what I am talking about, and those who took the Bar and didn't pass will know even better.

I found myself without a job and without money, living in tiny room with an unpacked suitcase next to my bed, facing the cruel reality of not passing the Bar. This had been my only hope of finding a legal job in New York. Now, I felt as if I had no future. I had no choice but to believe in my vision of becoming an attorney. I didn't have the luxury of giving up, so I had no choice but to carry on. I wasn't sure what would happen next, but I felt that despite the confusion, I was capable of passing the Bar Exam.

Four months after moving to the Big Apple, I met a man with whom I fell in love. He was older, handsome and emotionally unavailable. I tried so hard to build a relationship with him, but because he wasn't available, I completely depleted myself emotionally. I was preparing for the Bar Exam while dating this man who desperately needed my emotional support. Not only was he unhappy, and unfulfilled, he was also desperate and hungry for love. He was a perfect reflection of my self-worth. Of course back then, I had no idea what self-love and self-worth even meant. I also didn't quite understand how the Law of Attraction really works, or what manifestation really means. I will explain Law of Attraction principle in Chapter 3.

I opened my heart to this man completely, and I showed him who I was without holding anything back. I risked it all. Because I was, myself, a mess, all I saw in him was another mess. I was hoping as much as he was to be saved, but instead of focusing on myself, I was focusing on him. I was studying as much as I could, but somehow it all felt so difficult. Then, right after my exam, he broke up with me. My world collapsed. A month later, I found out that for the second time, I hadn't passed the Bar Exam. This time I was not only broke, without a job, and confused – I

also had a broken heart. I felt like the biggest loser ever. Lost in confusion and pain, I wandered the streets of New York City looking for some answers.

I began to realize that the harder I tried to find a boyfriend, the less I succeeded. The more I prepared for the Bar, the more stressed out I became about my performance. The more stressed out I was, the less chance I had of succeeding. The more resumes I sent out, the less I succeeded. The more I networked, the less likely it was for me to get a job. I kept asking WHY this was happening. Nothing I did worked. I was trying *so hard* to succeed, and yet every area of my life was upside down. I was so mad at myself and at the world.

Looking back, this period in my life could be described as a crossroad. I had a choice; I could give up, pack my things and go back home, or I could *have faith* and carry on. For me, having faith in myself and in a higher power was the only solution, so I decided to carry on. I promised myself that I was going to pass the Bar, get a job, and fix my immigration status because there was no other option.

Giving up is not an option.

I decided to study for the Bar Exam for the third time. This time, I made sure to put myself as the highest priority. I looked back and analyzed what mistakes I had made. I asked myself what lessons I had to learn. I decided that the only way I could finally pass the Bar was to take a different approach, so I analyzed what had worked and what had not. Determined to learn from my mistakes, I began consciously listening to my inner voice.

Instead of fighting and going against the flow, I decided to *go with the flow*. Since stress management seemed to have been the most challenging area during the Bar Exam, I decided to run and meditate every day. The purpose of the meditation was to prepare me for the stress I would face during the Bar exam. I also used a *visualization* technique during meditation, where I pictured myself already passing the Bar. My goal was to stay calm and perfectly fit during the actual Bar Exam. Because I took a totally different approach, I was expecting totally different result. Meditation, fresh air, sufficient sleep and good food were essential elements of my preparation for the exam.

If you keep doing the same things over again, don't expect different results.

I didn't tell anyone about my preparation for the Bar Exam. It was my secret, because I didn't want anybody to interfere. Subconsciously, I knew that people could influence my performance through unnecessary comments.

In order to keep the high energy of your grand vision, don't share sensitive information with random people whose energy can influence your outcome.

Right after the Bar Exam I moved from the Upper East Side to Brooklyn, where I stayed for a month, while looking for a new apartment. It was time to decide what was to be the next step in my journey. It was summer 2011, and as I was sitting on the couch at my friend's apartment, I suddenly had *a vision* of serving people from different countries. I remembered that my friend Matus, whom I had met when I first moved to NYC, had already returned to Slovakia, and had started his own law practice. The idea of a business partnership rushed through my head, and I suddenly felt chills and a huge amount of energy flooding my body. I was very excited about the idea, and all I had to do was to follow my calling.

When we feel the inspiration, the “spirit” or “higher self” is talking to us. Being inspired means to be in spirit.

One night, I had a dream in which I saw my father telling me that I had passed the Bar Exam. When I actually found out about my results, however, it happened differently. In the middle of the night, my friend called me, screaming: “Check your email, check your email” ... so I did. Although I could see that there was an email from the Bar Admission Committee, I was too afraid to open it; I had to call my friend to open it for me. The results were positive. My dream had come true - I had passed the Bar Exam.

When you want something, the Universe conspires in helping you to achieve it.

At that point in my life, I realized that three of my dreams had become reality. First, I had graduated from law school in Slovakia. Second, I had been admitted to the Northwestern Law School and had graduated successfully. Third, I had passed the NY Bar Exam and become a licensed attorney in New York.

Now, my next dream was to build my own international law firm to serve people from different countries. I was more determined than ever, and I'd had several clear signs that having faith and carrying on was all that I needed to do in order to succeed.

In December 2011, I bought a ticket to Slovakia where I was planning to spend one month. As soon as I arrived in Slovakia, I met up with Matus, and we discussed the idea of a partnership. He immediately agreed, and we founded the Navrat & Oslanec PLLC law firm, with our first office in Bratislava. Later, we added the Prague office, and two years later we opened our New York office. Back then I didn't have a work visa, so we decided to launch our business *online*, so that we could serve clients and practice law from anywhere.

At first, it all seemed like a crazy idea, but later we saw very positive results in this (back then) unusual business model. I started to study everything I could find about online marketing, SEO, and website development, and I created my first website. Our virtual law practice sprang to life - we had re-invented the law practice model.

Currently, I live in California and my international/online practice has offices in New York, Bratislava and Prague. So, this is how another dream of mine has become reality.

When you envision something, *believe* in your dream. Not only believe, but also *act as if it is already done*. Be *grateful* every day for the reality, even though the reality is invisible and you don't yet see it. By practicing gratitude, you will shift from invisible reality into visible reality. Don't let any doubts sneak in. Even if they are present, honor them. Thank them. They are showing your disharmony with your true self. Don't fight negative feelings. Allow them to be present.

As soon as you turn on the light, the dark will disappear.

Exercise:

1. *What is your biggest dream? Write down your dreams and let your imagination take over. Don't be afraid to allow yourself to dream big.*
2. *What's holding you back from fulfilling your dream? Are you afraid of what others will say about you? Are you afraid of judgment from others?*
3. *Write down a step-by-step plan that will take you to where you want to be. Ask the Universe to assist you in this grand plan. Even if you don't know the next step, it's okay. Wait for a clear sign from the Universe and write it down on paper. If you need some help with your step-by-step plan, check out my Love is the Law workshop here: <https://marietaoslanec.com/love-is-the-law-workshop/>.*
4. *Do what the Universe tells you to do. Don't question yourself. Don't question the Universe! Act!*
5. *Feel the feeling as if the dream is already your reality. It doesn't matter if it's illusion. All that matters is how you FEEL. Your feeling will take care of the rest.*

** I am using the term 'Universe' in order to describe the higher power, God, your higher self. My word is Universe but it's essentially the same as God. Pick the word that serves you best.*